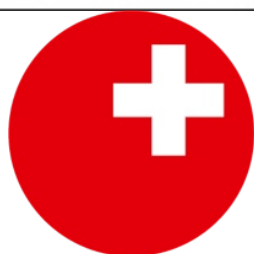


Swiss University Championship 2019 - Nordic
Schweizer Hochschulmeisterschaft 2019 - Nordisch
Championnats suisses universitaires 2019 - Nordique



swiss
university
sports

Les Rasses, 3th March 2019

Welcome to the Swiss University Championships (so called U-Games) Cross-Country Skiing 2019

In the name of the Swiss Academic Ski-Club, we are once again proud to receive mandate from the Swiss University Sports Federation to organize the Swiss University Championship.

For the third and last year, the championship will be organized in collaboration with the Mara. This race is the last monument run in classic style among traditional events in the swiss cross-country universe. Not as crowded as an other famous swiss marathon, it will give athletes the unique chance to taste the beauty of nature between wild woods and white meadows. Each one at its own pace. And there will be fewer risk to break a pole.

This will be a mass-start for everybody, 42km for men and 21km for women. Learning from last year championship which discouraged some women, we decided to come back to half-marathon instead of marathon distance for them. Who is gonna be the next champ' after Reto Hammer and Barbara Steinbacher ?

We wish the best to all participants of the U-Games 2019.

Sandro Jelmini
President of the Central Committee

Dominique Schwab
Responsible Nordic activities, CC



Program

Sunday 3th March 2019

Where ? Centre nordique des Rasses, Les Rasses

What ? 42 km (Men) and 21 km (Women) in classic technic, Mass Start, included in « La Mara », SWISSLOPPET – 9 a.m.

Registration - best option*

- contact the responsible of Sports of your University or High school

Registration - 3 others options (no refund from your University or High school)

- nordic@sas-ski.ch
- www.ski-mara.ch
- late registration until 30 minutes before start is also possible

U-Games are open to all students. No need for a FIS license**

Attestation of eligibility to U-Games: copy of a Student card to send to nordic@sas-ski.ch or to show at race office when taking the number. No need if registered through your University or High school

Results : in the finish area

Organization : La Mara Committee

Responsible of organization of the U-Games : Dominique Schwab, CC Swiss academic Ski-club. nordic@sas-ski.ch

More Information

Accommodation, Entry fees and general information of the Organizers: www.ski-mara.ch

*Good to know: race fee and accommodation can be covered by your University or High School (criteria and conditions to be discussed with your sport director). For more details, contact directly the sports director of your Institution, **BEFORE** the championship.

**any student currently registered in a swiss university or high-school or swiss citizen registered in a foreign university. For former students it is possible to be eligible if Diploma obtained less than a year before the Championship. For more details about rules of participation to Swiss university games : www.shvs.ch

